

**“Positive Impressions: Soul Care in a Negative World, Part IV- Time for a Healthy Mindset”**

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Romans 8:5-8, *“Those who live according to the sinful nature have their minds set on what that nature desires; but those who live in accordance with the Spirit have their minds set on what the Spirit desires. The mind of sinful man is death, but the mind controlled by the Spirit is life and peace; the sinful mind is hostile to God. It does not submit to God’s law, nor can it do so. Those controlled by the sinful nature cannot please God.”*

The human nature naturally is set against God.

What you focus on becomes the object of your desire.

Romans 8:9-11, *“You, however, are controlled not by the sinful nature but by the Spirit, if the Spirit of God lives in you. And if anyone does not have the Spirit of Christ, he does not belong to Christ. But if Christ is in you, your body is dead because of sin, yet your spirit is alive because of righteousness. And if the Spirit of Him who raised Jesus from the dead is living in you, He who raised Christ from the dead will also give life to your mortal bodies through His Spirit, who lives in you.”*

**The 3 Questions & The 3 Answers**

1. How do you know that you belong to Christ?  
His Spirit lives in you.

2. How do we know Christ is in us?

We are spiritually alive.

3. What does it mean to be spiritually alive?  
It means we are Fully alive!

**Where is our Mindset?**

Mindset on sinful nature	Mindset on the Spirit
What I want	What the Spirit wants
Hostile to God	Life and peace
Unsubmissive to God’s law	Controlled by the Spirit
Inability to submit to or please God	Body dead/spirit alive
Controlled by the sinful nature	Resurrection power

Romans 8:11, *“And if the Spirit of him who raised Jesus from the dead is living in you, he who raised Christ from the dead will also give life to your mortal bodies through his Spirit, who lives in you.”*

Notes: